

TIME MARCHES ON

08/11/2017

We live in a plane of existence governed by space and time. Space and time are universal, unchangeable laws here. No matter what we do or think, time will continue moving forward. We will continue getting older, the seasons will continue to change and people will come and go out of our lives.

Most all of us have fond memories of friends and loved ones we knew as children. We haven't seen or hear from many of those people since high school or before. Some have passed from this existence into the next. The only opportunity we may have to "see and be with" some of our friends and loved ones is within our memories. Bittersweet.

I recently reconnected with several old college musician friends of mine. Both their lives have taken turns I couldn't have guessed at the time. My drummer friend, Kenny, went ahead and got his PHD in Psychology and has been teaching at the university I attended for over 40 years. My guitar player friend, Rick, went on to go to seminary and was the university chaplain at KU for many years. It

was great to be back in touch with both and hear how their lives have evolved!

Memories are all well and good--and to take time occasionally to reflect is a wonderful gift God has given us. But, the truth is, the past is gone and we are not guaranteed any time in the future. All we have is the present moment. NOW--is where we are! And NOW is where we are continually making decisions in our lives that will effect our futures--whatever those turn out to be.

For me, I have found that when I am in touch with my life "in the moment" there are always "things to do" or "decisions to make"--actions and decisions that will either make my life more fulfilling or, possibly, less fulfilling and unhappier. It's all up to me. Most of those actions and decisions are "easy"--really no thought necessary.

Some, however, are more challenging. And taking some of those actions or making some of those decisions isn't so joyful to do! Some problems we have were created by actions and decisions in the past that "weren't so good". We must, however, meet all challenges head on in the NOW! If we are uncertain about a decision or action we will be guided if we only allow ourselves to be in a NOW moment of silence

and get our "minds out of gear". God will be there!

You see, it's only in the moment, NOW, that we have the opportunity to make our lives better by our actions and decisions. Thinking about our past or attempting to plan our futures, which we are not guaranteed of having, are only wasting that precious commodity we call time.

I'm trying to be more aware of each moment because, and it took me a long time to realize it, time and moments are things we can never get back again. As I said, it's only in the NOW that we can make our lives better and more fulfilling--and if our lives are better then the lives of those around us are better! And, as I've closed with so many times before--that makes our world a little bit better place!

God bless,

All my best--

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